



St. George's Episcopal Church

Where everyone has a place at Christ's table



St. George's Episcopal Church
This is a free publication for members and friends

www.StGeorgesonline.org

May, 2008
Volume 14, No. 5

Alzheimer's Ministry at St George's

by the Rev. Canon Paul S. Nancarrow, PhD
and the Rev. Dr. Mildred Cox

A new ministry is taking shape at St George's. With the help of the Rev. Dr. Mildred Cox, we are beginning a ministry of pastoral care to individuals and families experiencing Alzheimer's and other dementias. Many of you have heard about this ministry, and as more of its pieces come into place we'd like to take this opportunity to fill in St George's readers with more of the details.

Congregations are aging as society is aging. One of the issues that faces the aging is Alzheimer's disease and other forms of dementia. The hope of this specialized ministry is that persons with Alzheimer's will continue to remain active in the congregation as long as they are able, and that families and caregivers receive support and understanding from the congregation in ways that invite continued involvement in congregational life.

This ministry is specifically designed for pastoring the person and family experiencing Alzheimer's or dementia. We propose to provide: 1) pastoral visits to persons and their families in their homes, hospital, or care facility; 2) education to congregations about Alzheimer's and dementias as a disease; and 3) support group participation by persons, families, and caregivers as may be comfortable and helpful to them.

We are creating this ministry intentionally as a multi-congregational approach. Different congregations have different needs when it comes to Alzheimer's and dementias. Some congregations may have

several members or families affected; other congregations may have few or no members directly affected—although parishioners may have parents, grandparents, or relatives with Alzheimer's, and may have pastoral needs of their own in dealing with that. Since Alzheimer's ministry is an area in which one size will not fit all, our goal in this ministry is to offer resources and support which each congregation can tailor to its specific needs.

To this end, Mildred Cox will serve as the Priest Coordinator for the ministry. Mildred's background in nursing and public health, her personal experience with her mother's Alzheimer's, and her ministerial training give her both the passion and the knowledge to lead this ministry. Mildred will be based at St George's, but her ministry will be offered through an expanding network of congregations, both Episcopal and ecumenical, in St Louis Park and beyond.

At St George's, Mildred will serve as a "Priest Associate" of the congregation. She will be an unpaid staff member, participating in the liturgical life of the parish but not receiving a stipend. Support for Mildred and for the work of the ministry will be sought from church and philanthropic granting agencies. St George's will serve as the organization of record, as may be needed, for grant applications.

This ministry to persons affected by Alzheimer's and other dementias intends to provide a gentle yet effective approach to assessing needs, to providing a listening ear, and to maintaining a vital spirit for individuals, families, caregivers, pastoral members, and congregations. It represents an exciting new

development in our efforts to grow in mission and ministry among our members and in our wider community.

Sunday School Scoop

by **Rachelle Troyer**

Now that spring is finally here it is time to turn our thoughts to.... Summer. I have gathered a bit of VBS information for the families. St. Stephen's in Edina is having "Rainforest Adventure" VBS July 21-25. More info at Ststephens.com. Trinity, St. David's and St. Martin's are joining together for a "Globe Trekking with the Saints" VBS. This happens the last week of July at Trinity Church in Excelsior. Their phone number is (952) 474-5263. St. Mark's in Minneapolis is having a Habitat for Humanity VBS July 14-18. Call (612)870-7800 for more details.

Now for some important dates at St.G's:

May 18th Last Sunday school class until fall.

June 1st Celebration of the Children party. This event is still under construction but we are thinking of a park / picnic type of thing. I hope all families will attend the 10:00 service on this day as we would like to recognize our wonderful children at that time.



Youth News

by **Heather Whitesell**

We had a movie night recently where along with our movie we talked about ways to help the environment (Earth Day and Rogation Sunday are reminders of our call to take care of the earth.) The school year is winding down, and we have a culmination potluck for children, youth and families

in the works. More to come on that later!! Enjoy Spring!

GUSS Notes

by **The Rev. Paul S. Nancarrow**

Grown-Up Sunday School wraps up its program year this month with these final four Sundays:

Sunday, May 4: Field Trip to STEP. We have supported STEP in many ways for many years. On this Sunday GUSS goes mobile with a trip to STEP headquarters to see firsthand how our support helps ministry happen.

Sunday, May 11: Pneumatology for Pentecost. The Feast of Pentecost is celebrated as a feast of the Holy Spirit. Who is the Holy Spirit? What does the Church teach about the Spirit, and what difference does that make for our daily faith life? Fr. Paul will lead a discussion on pneumatology, the doctrine of the Holy Spirit.

Sunday, May 18: Future Spirit. The Spirit leads the Church into the mission of God. That's more than just a theological premise: it's a principle for parish planning. This will be a group participation session where we look at how the Spirit is energizing St George's, and how we can plan to be partners in that energy.

Sunday, May 25: Whither GUSS? We will conclude the program year with a discussion of general feedback on past GUSS sessions and ideas for future GUSS topics.

After May, GUSS will go on summer vacation, along with Sunday School and the Youth program. But we've built up a good momentum with GUSS, and many of us would like to continue that into the summer. In place of speakers and forums, the summer months will bring times for Dwelling in the Word after Sunday service. When the service is over, those who wish may grab a cup of coffee and a donut, spend a little time in coffee hour fellowship, then retire to a quieter spot to review the Gospel of the day and listen for what God is saying to us in those words. Dwelling in the Word will be offered

after service through June, July, and August. Regular GUSS sessions will resume in September.

Financial Update

In March (the most recent month for which we have completed records as of press time) we had:

Income	\$22,882.06	86.91% of budget
Expenses	\$24,272.47	100.68% of budget

High School Seniors

Do you know of any High School Seniors at St. George's who will graduate in late May or early June? If you do, would you please let Patty, in the church office know, so that the graduates can be honored at a service. Email her at PattyD@StGeorgesonline.org, or call 952-926-1646. Thank you!

Summer Sunday Schedule begins in June

Sunday, June 1 will be a very special "First Sunday of Summer" at St George's, featuring an outdoor service, a potluck picnic, and a recognition of our Sunday School. After an 8:00 a.m. service in the church, we will move to Oak Hill Park for a service at 10:00 a.m. and a picnic following. Bring your favorite picnic food to share! More details will be announced in May.

Then on Sunday, June 8, we will shift to our summer schedule, with a single service at 9:00 a.m., followed by coffee hour and Dwelling in the Word. Services at 8:00 and 10:00 will resume in September.

New Carpeting for the Sanctuary

by Carole Leonard

Can you believe it has been over 25 years since we carpeted the sanctuary? Because this carpet is badly faded, especially around the altar, we have formed a task force to look into replacing it. Task force members include: Patti Wales, Mary Poulsen, Carole Leonard, Gordy Justus, Tom Zaun and Fr. Paul

Nancarrow. If you have questions or suggestions, please feel free to contact any of the task force members. We welcome your input.

Making St. George's more inviting

by Kathie Brown

We are going to look into making the front of the church (on Minnetonka Blvd.) more visible and inviting. This might include a new sign where we can advertise upcoming events, banners and/or more elaborate gardens on that side of the church, to name some possibilities that have been mentioned. We'd like to gather a small group of people to look into this and ultimately send a recommendation to the Vestry for approval. If you would be interested in working with this group, or if you have suggestions, please contact Carole Leonard (952-544-4394) or Kathie Brown (612-827-5760)

StG Front Door Needs Use

by John Stonhouse

Sandy and I and other St. Georgites have starting using our StG front door. Ordinarily our habit has been to walk from the parking lot along the alley to the garden entrance. But it's become more evident that our front entrance is the main focus of visible people activity here. A major asset for StG is our location at one of the busiest intersections in this whole area. The scene of people actively entering, exiting and grouping there surely reflects the vitality that is here.

To alleviate the drawback of limited grassy approach in the front, an extra effort is being made to increase the color and visibility of our plantings. Adding real people walking along the sidewalk, in and out and some grouping at least on the front steps will help enhance the inviting atmosphere offered by our newly refurbished narthex.



One Body, Many Members: Some Notes on Membership

by Paul Nancarrow, John Stonhouse, and Sandy Stonhouse

Recently someone asked me “How do I become a member of St George’s?” I replied “That’s a far more interesting question than you might suppose!” One question led to another, and we found ourselves asking, “What *is* a member? How does the Church officially define membership? If a person attends services and is active in our parish family, what more must happen for them to be recognized as a member?” The canon law of the Episcopal Church sheds the following light on that question:

Basic to Membership

Baptism

- The most basic requirement for membership.
- Persons baptized with water in the name of the Trinity are considered members of the one, holy, catholic and apostolic Church (The Episcopal Church is one branch).
- Baptisms are recorded in the parish register when one of the following three actions occurs:
 - a) a person is baptized at St. George’s.
 - b) a letter of transfer is received from the Episcopal parish where the new member’s baptism was most recently registered.
 - c) a new member provides evidence of prior baptism in another denomination and indicates desire to be registered in St. George’s parish.

Basically then, all that’s needed for immediate membership at St. George’s is for a person’s baptism to occur and be recorded. Of course it’s necessary that the person indicate a desire to be part of our parish family.

Once a member, is there more to be accomplished?

Following baptism, there are additional dimensions of membership we can nurture in the new member.

Confirmation

- While baptism grants full membership, Episcopal tradition recognizes responsible adult membership with the rite of confirmation (“adult” means 16 years of age and over).
- Confirmation requires of candidates “a mature public affirmation of their faith and commitment to the responsibilities of their baptism” made before the Bishop.
- If the person is confirmed in another church and now commits to Episcopal Church membership, the person is “received” by the Bishop rather than confirmed.

Holy Communion

- If members receive Holy Communion at least three times during the preceding year, they are considered “communicants of this Church.”

Good Standing

- All communicants of the Church are considered “communicants in good standing” who, for the previous year, have been:
 - a) faithful in corporate worship, unless for good cause prevented.
 - b) faithful in working, praying, and giving.
- In the Diocese of Minnesota, adult communicants in good standing have certain rights and responsibilities, such as voting in parish meetings and being nominated for election to the Vestry.

So, to summarize, a person who will become a member at St. George’s must first indicate a desire to be part of our parish family. The person will be baptized here. If already baptized elsewhere, he/she will initiate membership transfer from another Episcopal church or have their prior baptism in another denomination recorded at St. George’s. Once a member, the rector and parishioners have responsibility to nourish the individual’s membership encouraging her/him towards confirmation, Holy Communion, and full participation in our parish family.

St. Mary's Circle

by **Patty Dittrich**

St. Mary's Circle is a group of women who meet for lunch on the 3rd Monday of the month, September – June, at St. George's. They do various service projects for St. George's, and just enjoy getting together. If you would be interested in joining St. Mary's Circle, please attend their luncheon on Monday, May 19 at noon in the Parish Hall.

I have been having lunch with this group for 14 years and have found it to be an enjoyable experience. Why not try us out?

Holy Week Tribulations at St. George's

by **Patty Dittrich**

Most of you realize that Holy Week in general is the busiest week in the church office. Extra bulletins to prepare, extra services to prepare for, and the general "excitement" about Easter. This year St. George's had 2 major things happen outside of the normal craziness of the week. On Tuesday morning, I received a call at home from Little Flowers that the power was out in the building, so I called Xcel Energy and then came into work early to "calm down and handle things". If you haven't been to the church office, let me tell you I have one little window, which doesn't let in much light at all. Our phones weren't working, but within 2 hours the lights were back on. I was talking to Little Flowers about moving the students over to the Parish Hall where it is brighter.

On Wednesday morning, I again received a call early that CenterPoint Energy was here and needed to get into the Building. The gas main that supplies the gas to the Parish Hall and Church had been hit through the night by a hit and run driver and had to be shut off. When I got in that morning, I spoke to CenterPoint and they felt there was a gas leak caused by the hit in the pipe that runs under the courtyard and enters the undercroft furnace room. So a pressure gauge had to be put on the pipe to see if we were losing pressure or not, our heating contractor, AirTech, came out and did that. Yes, we did have a problem, so a solution had to be found to the pipe

underground. They finally decided to run a smaller rubber pipe within the old pipe, but it wasn't easy to get it snaked through. By Thursday afternoon we had heat in the Parish Hall, and they promised the church would get heat by the end of the day on Friday. The brave people who were here for the noon Good Friday service, it was 55 degrees in the church. By 4:00p.m. the AirTech guys were done and we had heat in the church. So, the Great Three Days could go on as planned.

On top of all this the Park Wifi in this area was shut down and we were left without reliable email and had to work on getting another provider.

Somehow, through this all, the bulletins got made, and all the other "behind the scene" things were taken care of.

I want to thank you all for your patience and understanding at this time.

Now, I can get caught up on the things that slipped through the cracks that week. So, if I have missed doing something I should have or you haven't received something you should have, please call the office and let me know.

Tea for You

by **Mary Poulsen**

Our first Tea was on a beautiful April Saturday at Mary Poulsen's home. For fellowship fifteen women enjoyed a gentle afternoon at the end of a busy week.

A summer tea will be held on Saturday, July 12, at Kate Cady's porch. All women are welcome to come and bring a friend, young or old. Save the date.

Parktacular is June 14

by **Kathie Brown**

St. George's will again have a table at the community fair which is part of St. Louis Park's summer celebration, "Parktacular". We may do something on environmental stewardship, but this

has not been decided for sure. Whatever subject we address, this is a good way to support the community and give exposure to St. George's. We will need members to staff the booth, so please put the afternoon of Saturday, June 14, on your calendar. More details will be forthcoming. If you have questions in the meantime, please contact a member of St. George's Outreach Committee.

Blood Drive

The spring Blood Drive will be on Wednesday, May 21, 2008 at First Lutheran Church at 5801 Minnetonka Blvd. Appointments for donating can be made by calling Paul Schroeder at 952-470-5730 or by signing up on the bulletin board by the kitchen on Sundays in May. Donations are always needed. Consider making this the year that you give. The fall drive will be on Wednesday, October 15, 2008.

Juice Sunday

by Camille Schroeder

Sunday, April 6, 2008, marked the beginning of our new regular donation schedule for juice. We are now asking for donations of juice on the first Sunday of each month. These donations will be given to the St. Louis Park Emergency Program food shelf. In April we donated 22 jugs of juice and 3 packages of juice boxes. May 4th is the upcoming Juice Sunday and let's see if we can't up that month's donations. Juice of all kinds is accepted as are juice boxes—just any kind that requires no refrigeration. Please leave it in the basket in the Narthex. Thank you.

Environmental Stewardship

by Kathie Brown

Give us a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Prayers of the People; Book of Common Prayer.

Here is what two of your fellow parishioners are doing to be good environment stewards. Please let us know what you are doing – big or small, at home

or work. We would like to publish other testimonials in future issues of this newsletter. You may send them to Kathie Brown at katherinepbrown@msn.com or 5236 14th Avenue South, Minneapolis, 55417.

From Karen Hurlbert & Ron Holbach:

We've recently acquired cloth bags which we use, to the extent possible for grocery marketing eliminating the classic question "paper or plastic?" Any paper or plastic bags we do acquire are reused as garbage bags or trash can liners.

At home, Ron reuses 8 ½ by 11 paper (including any advertising flyers, etc.) by printing rough drafts and other documents on the back (still unused) side. If "presentation" is not a concern but the document does need to be printed, what does it matter what it's printed on? All Vestry and Outreach meeting minutes I receive are printed out this way, on the back sides of other documents that would otherwise be recycled with a good side still remaining.

We try to make it easy for us to recycle. Right in our dinette area, we keep two large containers. We gather newspaper and the like in one and junk mail and other recyclable paper in the other. We use an antique copper boiler and a vintage Red Wing Stoneware Crock for this purpose which, in effect, makes them "decor" and not in any way an eyesore.

We recently stopped buying charged water because they are only available in plastic bottles. Instead, we are using tap water run through our refrigerator's filtration system.

From Kathie Brown:

I am becoming more conscious of things with a lot of packaging and especially that which is non-recyclable. I decided I can no longer buy round angel food cakes in those big plastic containers. I will buy a mix and bake it myself which is very easy. I was disturbed to see that the quart mayonnaise in the brand I usually buy is now in a non-recyclable plastic jar instead of glass. I bought the smaller size which is still glass for now.

I live in Minneapolis, and we have to separate each type of recycling by using paper bags. The city recently advised that we can use small waste baskets

or some other container to hold each type of recycling rather than using paper bags. I purchased several small waste baskets, so now I don't need to take all those paper bags from the grocery store.

At my office, I encouraged them to do away with Styrofoam cups. For a short time, they went to some other type of disposable cup, but we have now done away with those completely and everyone was given a china cup with the company name. In my job, I coordinate meetings & incentive trips for companies. At least in domestic locations, we are encouraging our clients to have water stations (with pitchers or large dispensers and glasses) rather than bottled water. Two of my clients did this for meetings this winter.



Loaves and Fishes

Our next time to serve at Loaves and Fishes is on Thursday, May 29th. A sign up sheet is available in the Parish Hall. We need help preparing, serving and cleaning up.

Notices



May Birthdays:

- | | |
|---|---|
| 1 | Bruce Becker
Addia Troyer |
| 2 | Betsy Furber |
| 3 | Charles (Buzz) Anthony
Wendy Herbers |
| 4 | Ardis Martin |
| 6 | Ted Eschweiler |
| 7 | Joyce Gniot |
| 8 | Leslie Olufson
Ron Holbach |

- | | |
|----|--|
| 13 | Christie Kraabel |
| 15 | John Stonhouse |
| 19 | Iris Alexander |
| 20 | Priscilla Hagerman |
| 21 | Mary Phelps |
| 29 | Diane Monroe |
| 31 | Jane Whitmore
Bonnie Jones
Grant Shipman |

Thank you to:

- ◆ Camille and Paul Schroeder for taking the food and money to STEP during MN Foodshare month.
- ◆ Our wonderful group of volunteers who drive for Dinner at Your Door. If you have a free couple of hours a month, give Edith Ward, 952-476-6801, a call to volunteer to do a delivery either once a month, or as a substitute when people are out of town.
- ◆ Bill Stromberg for all of his help in changing light bulbs, flushing drains and the list goes on.
- ◆ 2008 Minnesota FoodShare – Thank you to all who contributed to the 2008 Minnesota FoodShare Drive this past March. St. George's contributed 407 pounds of food and \$754.00.
- ◆ Bill Stromberg for taking the “found” old ballasts to Xcel Energy for recycling.
- ◆ Alan Poulsen for hanging up the torch holder in the front of the church.
- ◆ Alan Poulsen for repairing the gate on the playground.

Sympathy is extended to:

- Julie, Mike and Kevin Milligan on the death of Julie's father.
- The family of Miriam Coury. Miriam was a long time member of St. George's and will be missed by her many friends here.

Calendar of Events May, 2008

Sunday	Monday	Tuesday	Wednesday	Thursday 1	Friday 2	Saturday 3
				6:30 pm – AA (L/L)		9:00am- Spring Clean up Day
4 8:00 am – HE, Rite I 8:30 am – Choir 9:00 am- Sunday School for all ages 10:00am – HE, Rite II	5 Fr. Paul at	6 Clergy	7 Conference	8 6:30 pm – AA (L/L)	9	10 Area Confirmation at St. Mark's
11 8:00 am – HE, Rite I 8:30 am – Choir 9:00 am- Sunday School for all ages 10:00am – HE, Rite II	12	13 7:00 pm - Finance & Personnel (CEB) 7:00 pm- Mothers & More (L/L)	14 7:00 pm - Vestry	15 6:30 pm – AA(LL)	16	17 9:00am- Spring Planting Day
18 8:00 am – HE, Rite I 8:30 am – Choir 9:00 am- Sunday School for all ages 10:00am – HE, Rite II	19 Noon – St. Mary's Circle(PH) 7:00 pm - Buildings & Grounds (CEB)	20 Noon – Housemeeting	21 Blood Drive 7:00 pm – Outreach 7-9:00 pm - "Gospel According to Sam" book event(PH)	22 6:30 pm - AA	23	24
25 8:00 am – HE, Rite I 8:30 am – Choir 10:00am – HE, Rite II	26 Memorial Day Office Closed	27	28 5:30-8:30pm- Little Flowers Spring Program (Church/P/H)	29 Loaves & Fishes	30	31
			HE- Holy Eucharist			PH- Parish Hall LL – Library Lounge CEB – Conference Room Christian Ed. Building

Ministers of the Eucharistic Assembly May, 2008

	May 4 Seventh Sunday of Easter	May 11 Pentecost Mother's Day	May 18 Trinity Sunday	May 25 Second Sunday After Pentecost	
	Acts 1:6-14 Psalm 68:1-10, 33-36 1 Peter 4:12-14, 5:6-11 John 17:1-11	Acts 2:1-21 Psalm 104:25-35, 37 1 Corinthians 12:3b-13 John 20:19-23	Genesis 1:1-2:4a Psalm 8 2 Corinthians 13:11-13 Matthew 28:16-20	Isaiah 49:8-16a Psalm 131 1 Corinthians 4:1-5 Matthew 6:24-34	
Chalice	Karen Hurlbert Laura Harmon Kathie Brown	Steve Harvala John Hagerman Leslie Olufson	Maraline Keeling Eileen Harvala Cyprian Troyer	Karen Hurlbert Glen Wilson Alan Poulsen	
Lectors	Karen Hurlbert Leon Vann Marion Miller	Steve Harvala John Hagerman Mary Weekes	Carole Leonard Maraline Keeling John Stonhouse Eileen Harvala	Karen Hurlbert Paul Schroeder Emma Eschweiler	
Lay Eucharist Visitors	Laura Harmon Julie Milligan	Eileen Harvala Alan Poulsen	Heather Whitesell Carol Peterson	No Visits Memorial Day Weekend	
Greeters 10:00 a.m.	Leon & Gayle Vann	Laura, Tom and Nathan Harmon	Madeline Kerr	Nancy, Cami and Neal Gysland	
Ushers	Ron Erickson Bruce Becker Bill Stromberg Kitty Reese	Chuck Murphy Ron Holbach Lou Michelich Tom Zaun	Bob Miller Bruce Becker Leon Vann Jane Jacobson	Ron Erickson Ron Holbach Bob Jones Tom Zaun	
Coffee Hour 8:00 a.m. 10:00 a.m.	Ron Holbach Karen Hurlbert John and Jane Carlson	Katherine Cady Alan and Mary Poulsen	Betty Bauer John and Sandy Stonhouse	Carole Leonard Bob and Bonnie Jones	

About St. George's

5224 Minnetonka Boulevard
St. Louis Park, MN 55416
952-926-1646

www.StGeorgesOnline.org

or

www.SaintG.org

Parish staff:

The Rev. Canon Paul Nancarrow, Ph.D., Rector
Patty Dittrich, Parish Administrator
Heather Whitesell and Rachelle Troyer
Children and Youth Coordinators

Wardens and Vestry:

Eileen Harvala, Rector's Warden
Carole Leonard, Paraish Warden
John Carlson, Laura Harmon, Karen Hurlbert, Harry
Kelley, Mary Poulsen, Bill Stromberg, Tom Zaun

Our Mission is to:

Listen, Proclaim, Serve, Celebrate!

Non-Profit Org.
U.S. POSTAGE PAID
Minneapolis, Minnesota
Permit No. 152

RETURN SERVICE REQUESTED

Plan for outdoor work in May

by **Bill Stromberg**

It's been a long winter and I for one want to get outside and enjoy some fresh air. Here is a chance to do that at St. George's.

We are planning two outdoor work days. On **May 3rd** we plan to paint and wash windows. This would really be fun with a big group. We can visit a bit and sip some coffee as we make our church look a bit better from the street. On **May 17th**, we plan to do our annual planting. This year should be easy as we expect our perennials to become well established. If you like to get your hand in the soil, we can find a sunny bed for you to work in.

May is a busy month for many and we do not expect that everyone will be available for both days, but if you can plan one free day for some light work at St. George's, we can all enjoy the results all summer. Hope to see lots of you come out. There will be donuts!

