



# St. George's Episcopal Church

Where everyone has a place at Christ's table



St. George's Episcopal Church

[www.StGeorgesonline.org](http://www.StGeorgesonline.org)

February, 2008

This is a free publication for members and friends

Volume 14, No. 2

## Dwelling in Lent

by the Rev. Canon Paul S. Nancarrow, PhD

The Season of Lent begins with Ash Wednesday on February 6. During this holy season of reflection on our baptismal vocation and preparation for the celebration of Easter, we will have two special formation opportunities at St George's.

On Sunday mornings the Grown-Up Sunday School, or GUSS, will focus on the report of the Bishop's Commission on Mission Strategy and its implications for our congregational life. Each Sunday we'll take one recommendation from the report, talk about what it means and why it's important, and brainstorm together what it might look like at St George's. The report says that dwelling in the Word and scripture study is a key practice; how might we do that better at St George's? The report says that renewing our worship is central; how might we do that at St George's? The report calls on congregations to work with each other in networks for mission; how might we do that at St George's? We will grapple with these and other questions on the five Sundays from February 10 through March 9.

On Wednesday evenings we will once again join with our Lutheran neighbors for a mid-week Lenten program. The theme for this year's sequence is "Dwelling in the Word: Letters from Paul." Each Wednesday evening we will gather in a different church for a quiet and contemplative service, including a time of dwelling in the Word, in which we will reflect on how God speaks to us through passages from Paul's epistles. Each service will also include choral music and a brief meditation from

one of the pastors. The evenings will conclude with a social time after each service. Each service begins at 7:00pm. This shared Lenten program will actually address *two* of our BCMS goals, giving us opportunities to dwell in the Word, and building connections with our neighborhood.

The schedule for the Wednesday Lenten program is as follows:

- Wednesday, February 13, Lutheran Church of the Reformation
- Wednesday, February 20, Wooddale Lutheran Church
- Wednesday, February 27, St George's Episcopal Church
- Wednesday, March 5, Ascension Lutheran Church
- Wednesday, March 12, First Lutheran Church

Lent is a time for us to "prepare with joy for the Paschal Feast," as it says in some of our Eucharistic Prayers. The Sunday morning GUSS and the Wednesday Lenten program are two ways we can deepen our devotion and energize our mission this Lent. Please plan now to attend as many of these occasions as you can.

## Youth News

by Heather Whitesell

Due to low enrollment the format for youth activities is changing. We will try meeting once or twice a month after services rather than the 9 am time. We are also looking forward to training a few

new acolytes. Thanks so much to Julian, Emma, Patrick and all those youth at heart ( including Sunday School agers ) who helped make the annual meeting brunch a very big success!



## Sunday School Scoop

by **Rachelle Troyer**

It's time to go bowling! Sunday February 3<sup>rd</sup> the kids and their adults will head over to Texa-Tonka Lanes for a bit of fun, (and pizza).

## Hero RAT UPDATE

I recently received an email from Bart Weetjens, creator of the Her RAT program. Bart wanted to thank us for our support and let us know that they are working on correcting the paperwork part of the "adoption".

I need teachers for Sunday school. Not only would you be spending time with some fabulous kids, but you would also be able to check out the new curriculum that we are using. I will have a sign up sheet on the bulletin board in the parish hall.

## March Minnesota FoodShare

by **Camille Schroeder**

Breakfast, lunch, dinner. Have you ever had to go without any of these simply because you didn't have the money to purchase food? Hard to imagine, isn't it? There are those in St. Louis Park for whom this is a recurring event. In order to help out, we will focus specifically on these meals during the March Minnesota FoodShare month. If shopping for food items is not your thing and you would rather give a cash donation, please do so. Our donations will be going to the food shelf at the St. Louis Park Emergency Program and they can stretch your dollars to buy the basics. Look for more information

in the March newsletter. Remember that "Every donation makes a difference."

## Environmental Stewardship

by **Kathie Brown**

The Minnesota Episcopal Environmental Stewardship Commission (MEESC) states its mission as follows: *We believe creation is a gift of God, and all creation is interconnected. We seek to instill this spiritual awareness in parishioners, clergy and staff of the Episcopal Diocese of Minnesota; and to promote stewardship of and advocacy for planet Earth.*



## RECYCLING

### Reduce, Reuse, Recycle---in that order!

Don't use recycling as a crutch! Recycling can lull us into thinking that we are doing our best to help the environment. It's easy to forget that "reduce" and "reuse" are much more powerful ways to be good stewards of God's creation. For example, if we use washable drinking containers rather than buying bottled water, we conserve the natural resources that would be used to make the raw plastic and process it into a bottle. We also eliminate the pollution created during the manufacturing, processing, and transport of the bottles. And, finally, we conserve the energy required to recycle the bottles (i.e., the energy to transport and reprocess the plastic bottle). So, make an effort to reuse containers and products as much as possible. Repair broken items, rather than buying new ones. And, of course, when you do need to dispose of an item, do recycle it (if possible).

Here are some other examples:

### REDUCE

- Reduce the amount of your junk mail (more on this in a future month, but take a look at this website: [greendimes.com](http://greendimes.com))
- Buy items with less packaging.

- Buy refillable containers (e.g. Cat litter)

## REUSE

- Take your own bags to the store. Donate unwanted items to a charity.
- Buy from a second hand store
- Rent or borrow equipment that will be used infrequently rather than buying
- Borrow books from the library or buy from a used bookstore.

## Notices



### February Birthdays:

3	Phyllis Watson
7	Julie Milligan Sara Friesen Elizabeth Lindlow
8	Betty Bauer Steve Monroe
9	Bob Jones Eileen Harvala
10	Kitty Reese
11	Page Appelbaum
14	Gretchen Hetland Thayer Porter Amanda Harvala-Seifert
15	Jonathan Gregornik Rachelle Troyer
21	Glen Wilson Aidan Nancarrow
22	Pat Kojis Elizabeth Jester
23	Will Knight
26	Jan Hagerman
29	Jane Jacobson

## Thank you to:

- The youth group for providing the brunch at the Annual Meeting. Thanks to Heather and Patty for doing the shopping and organizing things. Thanks to Emma Eschweiler and Patrick Kelley, Jacob and Jade Carlson, also to Cyprian, Rachelle, Evan and Addia for helping too!
- Everyone who helped take down the Christmas decorations on Epiphany.
- Bill Stromberg for removing the large wreath over the stairway.

## Sympathy is extended to:

- Jan, John, Holden and Priscilla Hagerman on the death of Jan's father, Thomas Gould in Moorhead in early January.
- The family of Fred Blasch. Fred was a long time member of St. George's, not active in the last few years. Fred died on December 26<sup>th</sup> at his home in Prior Lake.
- Patti Wales, on the death of Kenny's sister in Oshkosh, WI.

## Congratulations to:

- Amanda Anderson, Bonnie and Bob Jones' daughter, has received her bachelor's degree in Computer Information Systems from Metropolitan State University and has been accepted into Metropolitan's Masters Degree Program.

# Calendar of Events February, 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday <b>1</b>	Saturday <b>2</b>
<b>3</b> 8:00 am – HE, Rite I 8:30 am – Choir 9:00 am- Sunday School for all ages 10:00am – HE, Rite II	<b>4</b>	<b>5</b>	<b>6 Ash Wednesday</b> 9:00am – HE Imposition of Ashes 7:00 pm - HE Imposition of Ashes	<b>7</b> 6:30 pm – AA (L/L)	<b>8</b>	<b>9</b> 9am- 2pm – St. Paul’s Vestry (PH, L/L)
<b>10</b> 8:00 am – HE, Rite I 8:30 am – Choir 9:00 am- Sunday School for all ages 10:00am – HE, Rite II	<b>11</b>	<b>12</b> <b>6-9 pm –</b> Little Flowers (PH) <b>7:00 pm -</b> Finance & Personnel (CEB) <b>7:00 pm-</b> Mothers & More (L/L)	<b>13</b>	<b>14</b> 6:30 pm – AA(LL)	<b>15</b>	<b>16</b> 9-2 – Rain Garden Group using the Parish Hall
<b>17</b> 8:00 am – HE, Rite I 8:30 am – Choir 9:00 am- Sunday School for all ages 10:00am – HE, Rite II	<b>18 President’s Day</b>  Noon – St. Mary’s Circle(PH)	<b>19</b>	<b>20</b>	<b>21</b> 6:30 pm – AA	<b>22</b>	<b>23</b>
<b>24</b> 8:00 am – HE, Rite I 8:30 am – Choir 9:00 am- Sunday School for all ages 10:00am – HE, Rite II	<b>25</b> 7:00 pm - Buildings & Grounds (CEB)	<b>26</b> Noon – Housemeeting 7:00 pm- Mothers & More (L/L)	<b>27</b>	<b>28</b> 6:30 pm - AA	<b>29</b>	
<b>HE- Holy Eucharist</b>			<b>Prayer Shawl Ministry Date to be announced.</b>			PH- Parish Hall <b>LL</b> – Library Lounge <b>CEB</b> – Conference Room Christian Ed. Building

# Ministers of the Eucharistic Assembly February, 2008

	February 3 Last Sunday After Epiphany	February 10 1 <sup>st</sup> Sunday In Lent	February 17 2 <sup>nd</sup> Sunday in Lent	February 24 3 <sup>rd</sup> Sunday in Lent	
	Exodus 24:12-18 Psalm 2 2 Peter 1:16-21 Matthew 17:1-9	Genesis 2:15-17;3:1-7 Psalm 32 Romans 5:12-19 Matthew 4:1-11	Genesis 12:1-4a Psalm 121 Romans 4:1-5,13-17 John 3:1-7	Exodus 17:1-7 Psalm 95 Romans 4:1-5,13-17 John 4:5-42	
<b>Chalice</b>	Maraline Keeling  Glen Wilson Cyprian Troyer	Karen Hurlbert  Kathie Brown John Hagerman	Steve Harvala  Alan Poulsen Laura Harmon	Maraline Keeling  Eileen Harvala Glen Wilson	
<b>Lectors</b>	Maraline Keeling  Leon Vann Mary Poulsen	Karen Hurlbert  Kathie Brown Marion Miller	Steve Harvala  Gale Winikoff Philip Eschweiler	Carole Leonard Maraline Keeling  Julian Mejia Glen Wilson	
<b>Lay Eucharist Visitors</b>	Heather Whitesell Eileen Harvala	Alan Poulsen Laura Harmon	No Visits LEV Meeting	Julie Milligan Heather Whitesell	
<b>Greeters 10:00 a.m.</b>	Sandy Stonhouse	Nina, Mark and Gage Monroe	Gwen Gysland	Leon and Gayle Vann	
<b>Ushers</b>	Bob Miller Bruce Becker  Bill Stromberg Kitty Reese	Chuck Murphy Ron Holbach  Lou Michelich Tom Zaun	Bruce Becker Bob Miller  Jane Jacobson Leon Vann	Ron Erickson Ron Holbach  Bob Jones Tom Zaun	
<b>Acolyte 10:00 a.m.</b>					
<b>Coffee Hour 8:00 a.m.  10:00 a.m.</b>	Ron Holbach Karen Hurlbert  Bob and Bonnie Jones	Katherine Cady Myrt Glynn  Mike and Nancy Johnson	Betty Bauer  Barb Behrens	Carole Leonard  Alan and Mary Poulsen	

## About St. George's

5224 Minnetonka Boulevard  
St. Louis Park, MN 55416  
952-926-1646

[www.StGeorgesOnline.org](http://www.StGeorgesOnline.org)

or

[www.SaintG.org](http://www.SaintG.org)

### Parish staff:

The Rev. Canon Paul Nancarrow, Ph.D., Rector  
Patty Dittrich, Parish Administrator  
Heather Whitesell and Rachelle Troyer  
Children and Youth Coordinators

### Wardens and Vestry:

John Carlson, Laura Harmon, Eileen Harvala, Karen  
Hurlbert, Mike A. Johnson, Harry Kelley, Carole  
Leonard, Mary Poulsen, Bill Stromberg, Tom Zaun

### Our Mission is to:

Listen, Proclaim, Serve, Celebrate!

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## Lent Begins

Ash Wednesday is on February 6

9:00 a.m. - Holy Eucharist, Imposition of Ashes

7:00 p.m. - Holy Eucharist, Imposition of Ashes

The schedule for the Wednesday Lenten program is as follows:

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